



# UNITED SWIMMING

## CODE OF CONDUCT

All members of United Swimming are expected to relate to one another in ways that ensure every person is respected and valued as an individual.

We strive to provide a safe, secure and positive environment where students are treated fairly and free from bullying with his/her privacy and property respected.

### SWIMMERS CODE OF BEHAVIOUR

- Respect the rights, dignity and worth of fellow swimmers, coaches, officials and spectators.
- Do not tolerate acts of aggression.
- Respect the talent, potential and development of fellow swimmers and competitors.
- Care for and respect the equipment provided to you as part of your program.
- Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
- Conduct yourself in a professional manner relating to language, temper and punctuality.
- Maintain high personal behaviour standards at all times.
- Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
- Be honest in your attitude and preparation to training.
- Work equally hard for yourself and your team.
- Cooperate with coaches and staff in development of programs to adequately prepare you for competition at the highest level.

### PARENTS CODE OF BEHAVIOUR

- Respect the rights, dignity and worth of others.
- Remember that your child participates in sport for their own enjoyment, not yours.
- Focus on your child's efforts and performance rather than winning or losing.
- Show appreciation for good performance by all swimmers, including swimmers from other teams.
- Demonstrate a high degree of individual responsibility, as your words and actions are an example.
- Respect officials' decisions and teach children to do likewise.
- Speak with respect and care to people associated with the sport (e.g. swimmer, judge, coach).
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Be a positive role model. Poor behaviour by a parent damages the sport for all participants. You are a role model in the way that you solve problems. Resolve points of conflict with a generous and positive spirit.