



**UNITED
SWIMMING**



LEARN TO SWIM LESSON SCHEDULE

Applicable from 1 February 2024

CROYDON

PLC Sydney, JD Oates Aquatic Centre
1 Boundary St, Croydon



Monday to Thursday

5:45-6:30pm
6:30-7:15pm
7:15-8:00pm
8:00-8:45pm

Friday

5:30-6:15pm
6:15-7:00pm
7:00-7:45pm

Saturday

1:15-2:00pm
2:00-2:45pm
2:45-3:30pm
3:30-4:15pm
4:15-5:00pm

TOP RYDE

Fitness First Top Ryde Platinum
Level 3-4, Top Ryde Shopping Centre



Mon, Wed, Fri

3:45-4:30pm
4:30-5:15pm
5:15-6:00pm

Tues & Thurs

6:30-7:15pm
7:15-8:00pm
8:00-8:45pm
Adult LTS
10:00-10:45am
10:45-11:30am

Saturday

1:15-2:00pm
2:00-2:45pm
2:45-3:30pm

Sunday

9:00-9:45am
9:45-10:30am
10:30-11:15am
11:15am-12:00pm

WAHROONGA

Knox Aquatic Centre
7 Woodville Ave., Wahroonga



Monday, Wednesday & Friday

6:30-7:15pm
7:15-8:00pm
8:00-8:45pm

Sunday

1:45-2:30pm
2:30-3:15pm
3:15-4:00pm

LIDCOMBE

Ruth Everuss Aquatic Centre
Church St., Lidcombe



Monday, Tuesday, Thursday & Friday

7:00-7:45pm
7:45-8:30pm

Saturday

1:15-2:00pm
2:00-2:45pm
2:45-3:30pm
3:30-4:15pm
4:15-5:00pm

EPPING

Karonga School
Karonga Cl., Epping

Wednesday & Thursday

7:00-7:45pm
7:45-8:30pm

Saturday

4:00-4:45pm
4:45-5:30pm
5:30-6:15pm



NORTHMEAD

The Hills School
Mary St., Northmead

Currently closed for major renovations



WHERE
CHAMPIONS
ARE BORN


TAESEUNG

UNITED SWIMMING IS
A MEMBER OF THE
TAESEUNG GROUP